



Dakota County Family Child Care Association



Our Future is in Our Hands

www.dcfcca.org

The Caring Connection

July/August 2020



Amy



Renee'



Jean



Beth



Cindy

Welcome to the 2020 - 2021 Executive Board!



Hannah



Pat



Heather



Geri



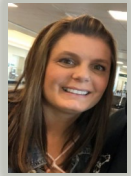
Kat

President
Secretary
Treasurer
Training Coordinator
Membership Coordinator
Website Coordinator
Newsletter Coordinator
Area Coordinator Facilitator
Mentor Facilitator
Fundraising Coordinator

Amy Baldwin
Renee' Kulhanek
Jean Mathison
Beth Beltz
Cindy Bills
Hannah Huberty
Pat Goor
Heather LeBlanc
Geri Peterson
Kat Doring

Due to the current COVID-19 social distancing guidelines, our Board has been holding board meetings using Zoom. If you'd like to be included, please contact Amy at president@dcfcca.org. Meetings are held at 6:30pm on the second Monday of the month. (No meeting in July)

Note from the President ~



DCFCCA has had to make a few changes this year. In 2020, we believe it's time to utilize our online resources. Due to Covid-19, we had to make quick changes that were implemented successfully.

The first change we made was holding our annual elections online, which was both safer for our members and highly successful. Next, we had to change the monthly board meeting over to Zoom. The board members have made a smooth transition and will continue to social distance with the help of Zoom and other online resources.

The DCFCCA has also started hosting online training to make sure our members are up to date on training, while also maintaining providers' safety. The last change, and certainly the most fun, was a new way to show appreciation to all our volunteers. The DCFCCA Board members had the privilege of personally delivering certificates and a small gift to each volunteer to thank them for all their hard work. Thank you so much to our Executive Board Members, volunteers and Dakota County providers.

Finally, we are looking for a volunteer for the Area Coordinator position in Rosemount area. You do not need to live in Rosemount to volunteer for this position.

Amy Baldwin



Hello. My name is Hannah Huberty, and I was recently appointed to the Website Coordinator position. I have been active with DCFCCA since 1996. I have served on the Executive Board many times over the years, in many positions. I enjoy being a part of the board and love the comradery of working with fellow providers that understand my job and "get" what I do!

I helped design the original website many years ago so I feel very comfortable coming into this position. The website is an important connection to DCFCCA's members, as well as the general public. My goals are to maintain the website, making it user friendly and easy to navigate, while presenting DCFCCA in a respectful and professional manner.

~ Hannah

Due to schools closing and the social distancing requirements, we are unable to continue in-person training. DCFCCA is offering **FREE** online training for our members. A video camera is required for proof of attendance. If you are new to using Zoom, please view this video to guide you. [Click HERE](#)

On-Line Training!

Thursday, July 9, 2020 6:30pm—8:30pm

Power of Food - Calmer Children and a Better Performing You

Presented by Chef Marshall

Learn how nourishing is different from just eating. We discuss which foods will help children on your care be calmer and more focused and foods that will help you, as a provider, to have more consistent energy and reduce stress.

At the end of the session, participants will be able to

- ♦ identify the four components of Smart Nutrition
- ♦ Identify which foods help performance and behavior and which foods to avoid
- ♦ Determine how to take Smart Nutrition back to your workplace and implement it in the day-to-day environment **KCF VII.C**

If you do not have a Development ID number, a training certificate will be emailed to you within seven days of attending the webinar.

Instructions for attending a webinar will be emailed to you 48 hours prior to the event.



On-Going Self-Paced Training for July *

Ready for School! Beyond School Readiness
Presented by Stacy Boysen



Explore the history and evolution of kindergarten from its inception in 1837 to the present time. Discuss the value of play in children's learning and the role of the educator as a collaborator, recorder and encourager. Apply the stages of learning through play to real-life educational experiences that support children's school readiness and life skill development.

This is an online self-paced training for the month of July. This training will meet the Child Development and Learning/Behavior Guidance licensing requirement for Family Child Care Providers. KCF I. Child Development

Registrants will be sent the course link at the end of June. To complete the training, simply watch the class YouTube video and complete the reflection activities within the video. Email your completed reflection to the trainer once you have completed the course activities to receive three hours of training credit. Reflection paper is required by July 31, 2020.

If you do not provide a Develop ID number, a training certificate will be emailed to you within seven days of completing the training.

- ♦ Limit of 40 participants



On-Line Training! Tuesday, August 18, 2020

6:30pm—8:30pm



And the Wolf Wore Shoes

Trainer: Kim Woehl

Examine the role of the childhood educator and recognize how to get children back into the great outdoors. Learn about the history, explore activities and understand the importance of the outdoors for children's successful development. KCF II.A

A video camera on your device is required for proof of attendance. Instructions for attending a webinar will be emailed to you 48 hours prior to the event.

Limited to 30 participants. Check website for registration details after July 10th.





Fall Training Sneak Peek

September 1, 2020 6:30pm - 8:30pm
Cultivating knowledge through Open-ended Discussions
Trainer: Kim Woehl
KCF II.B

Self-Paced Online for September
Building Foundations: Positive Communication with Children
Trainer: Stacy Boysen KCF II.C



New and Renewed Memberships

Brenda Boehmer, South St. Paul
Scott Doring, Farmington
William Engeldinger, Hastings
Joan Finley, Apple Valley
Michelle Hinz, Lakeville
Sandra Kaysen, Lakeville
John Wulff, Lakeville

Bruce's 12 Features Of Play

Children Use Experiences	They draw on firsthand experiences from their lives when creating play scenarios. For example, recreating a recent trip to grandma's house.
Children Create Rules	They impose rules on their play to maintain control and add structure. For example, "If you're pretending to be dead, you have to stick out your tongue."
Children Use Symbols	They populate the play setting with props that represent real-world items. A rectangular block becomes a smartphone, for example.
Children Choose To Play	Play is a choice. Children can not be forced to play.
Children Rehearse Their Future	They play at being versions of their future selves. Playing at being a parent, being able to drive, or being able to read, for example.
Children Play Alone Sometimes	They may choose to engage in solitary play. For example, disappearing into a fantasy world of their own making with a collection of stuffed animals.
Children Pretend	Play is not real. It is something set off from reality. For example, they are not really a Jedi, that stick is not a real lightsaber, and that cardboard box is not really a spaceship.
Children Play Cooperatively	They play cooperatively in pairs or groups with peers, children of different ages, and adults. Family board game night, for example.
Children Have A Play Agenda	They bring personal agendas to play that may or may not be shared. For example, when Child One declares, "I'm the Mom and you're the kid!" and Child Two counters with, "I'm an angry unicorn."
Children Are Deeply Engaged	They can become deeply engaged in play scenarios or characters they create and be hard to distract. The child who chooses to stay in character as Spiderman throughout a trip to the grocery store, for example.
Children Try Out New Skills	Play serves as a haven for mastering newly acquired skills. For example, the toddler who has recently learned to climb will find ample reasons to climb in their play.
Children Coordinate Ideas, Feeling, And Relationships	They holistically bring together what they know. For example, A toddler uses her accumulated physical skills and growing confidence to successfully scale a new climbing structure for the first time.



The information on this handout is based on the ideas of researcher and author Tina Bruce, highlighted in her works *Learning Through Play*, *Time to Play in Early Childhood Education*, and *Early Childhood: A Student Guide*.



Created By Explorations Early Learning For PlayvolutionHQ.com | February 2020

STAY SAFE MN

Decision Tree for People with COVID-19 Symptoms in Youth, Student, and Child Care Programs

For people (e.g., children, care providers, or staff) who have symptoms consistent with COVID-19, send home or deny entry and reference the exclusion criteria in this document to determine when they may return.

Symptoms of COVID-19 include: new onset cough or shortness of breath by themselves OR at least 2 of the following: fever (100.4°F or higher), chills, muscle pain, sore throat, loss of sense of smell or taste, and gastrointestinal symptoms of diarrhea, vomiting, or nausea.

If a person has a new symptom (for example, new loss of smell only) with no other diagnosis to explain it, they should stay home and talk to their health care provider about testing for COVID-19, even if it is the only symptom they are experiencing.

For people who received a laboratory test for COVID-19

What to do if you're waiting for COVID-19 test results (PDF)
(www.health.state.mn.us/diseases/coronavirus/waiting.pdf)

Positive test result: Stay home at least 10 days since symptoms first appeared AND until no fever for at least 3 days without medication AND improvement of other symptoms.

Siblings and household members also stay home for 14 days.

Negative test result but symptoms with no other diagnosis: Stay home at least 10 days since symptoms first appeared AND until no fever for at least 3 days without medication AND improvement of other symptoms.

Siblings and household members also stay home for 14 days.

For people with a COVID-19 diagnosis *without* a lab test OR people with symptoms consistent with COVID-19 *without* a medical evaluation (e.g., monitoring symptoms at home)

Stay home at least 10 days since symptoms first appeared AND until no fever for at least 3 days without medication AND improvement of other symptoms.

Siblings and household members also stay home for 14 days.



For people with other diagnoses (e.g., norovirus, strep throat) that explain the symptoms, or when a health care provider says symptoms are connected to a pre-existing condition

Stay home until symptoms have improved. Follow specific return guidance from the health care provider or follow the [Infectious Diseases in Childcare Settings and Schools Manual](http://www.hennepin.us/daycaremanual) (www.hennepin.us/daycaremanual).

If symptoms related to a pre-existing condition change or worsen, talk to a health care provider to determine next steps.

Siblings and household members do not need to stay home.

[click here for
More Info](#)



Minnesota Department of Health | health.mn.gov | 651-201-5414 | 1-877-676-5414 | 625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975
Contact health.communications@state.mn.us to request an alternate format.

06/02/2020



JOIN US ON FACEBOOK!

Get the latest information regarding all things DCFCCA!

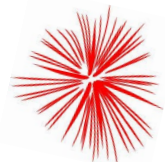
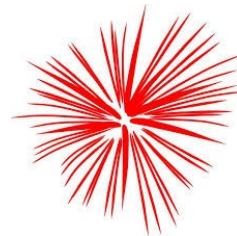
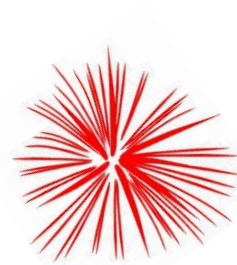
Get up-to-the-minute information about training registration, cancellations and training handouts.

For access to the **private DCFCCA Facebook page**, please e-mail Amy at president@dcfcca.org.

**You are invited to join the Toy Co-op!
All members are welcome!**

Borrow a variety of toys owned by the Association. Exchange dates are on the third Monday of every month. A separate \$25 membership fee is used to maintain a variety of toys.

For the Apple Valley location information, contact Kris at 612-202-2083.





Dakota County Family Child Care Association is registered as a nonprofit with AmazonSmile. Every time you or your friends order from Amazon in our name, DCFCCA is given 0.5% of the purchase price!

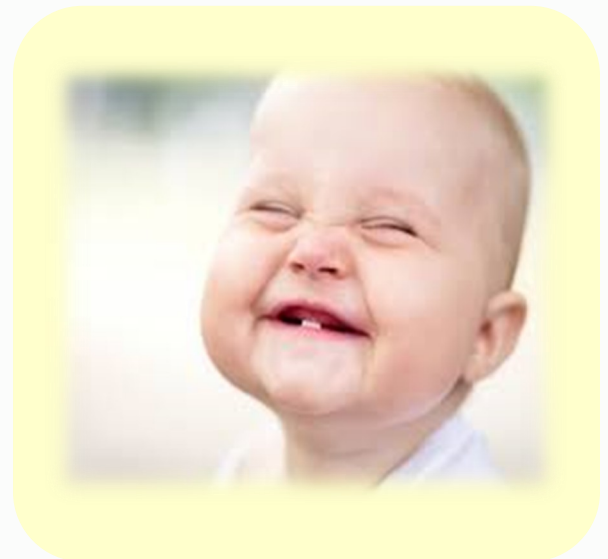
Go to www.smile.amazon.com. Sign in using your Amazon ID and password, choose Dakota County Family Child Care Association as your organization (do not use DCFCCA) and start shopping! Amazon takes care of the rest. The next time you log into Amazon, it will automatically ask you if you want to go to AmazonSmile, and we hope you do!

Invite your clients, your neighbors, family and friends to support us too! Any funds received helps us keep our membership fees affordable.



Send a Little Sunshine!

Do you know a fellow provider or group that needs a pat on the back, a thank you, cheering up, words of encouragement or just a note? Celebrations, congratulations, weddings, births, adoptions, retirement, birthday, graduation, hospitalization, a job loss, a serious illness or a death — we'd like to know. Complete the on-line form at www.dcfcca.org.



Mentor Program

Starting a family child care business can be exciting but also daunting. Our Mentor Program can help you avoid making rookie mistakes, and find your own path to reach your goals as you build your child care business.

Any newly licensed provider who utilizes our FREE one-year membership will be assigned to a mentor. A mentor can help by offering advice, perhaps a different perspective, offer networking opportunities, as well as offer support and encouragement. For more information, go to our website at www.dcfcca.org/MentorProgram.html or email mentor@dcfcca.org.

Provider Directory on Website

- As a member, your business can be listed on the Provider Directory! This includes days and hours you are open, as well as a brief description of your business.

Please keep your information up to date as we are now including the date your information was last updated. Submit an update or add a new listing using this link

[http://www.dcfcca.org/Provider Directory](http://www.dcfcca.org/ProviderDirectory)

DCFCCA Care Line

DCFCCA Care Line	
Apple Valley	
Joan Finley	952-236-8119
Jean Dommer	952-423-2192
Nicole Goebel	952-953-9313
Burnsville	
Jodi Grimes	952-895-7361
Eagan	
Cindy Ciernia	651-688-7396
Inver Grove Heights	
Beth Beltz	651-450-7988
Lakeville	
Missy Torbenson	952-891-1275
Melissa Enke	952-378-1123
Mendota Heights	
Hannah Huberty	612-636-3562
Rosemount	
Renee' Kulhanek	651-423-5067



2020—2021 Board and Leadership Directory

Board Members

President	Amy Baldwin	651-398-1949	president@dcfcca.org
Secretary	Renee' Kulhanek	651-423-5067	secretary@dcfcca.org
Treasurer	Jean Mathison	651-994-7854	treasurer@dcfcca.org
Area Coordinator Facilitator	Heather LeBlanc	612-229-6085	areacoordinator@dcfcca.org
Training Coordinator	Beth Beltz	612-859-3326	training@dcfcca.org
Membership Coordinator	Cindy Bills	651-423-4497	membership@dcfcca.org
Fundraiser Coordinator	Kat Doring	651-442-2426	fundraiser@dcfcca.org
Mentor Facilitator	Geri Peterson	651-347-0856	mentor@dcfcca.org
Website Coordinator	Hannah Huberty	612-636-3562	website@dcfcca.org
Newsletter Coordinator	Pat Goor	651-246-8387	newsletter@dcfcca.org

Area Coordinators

Apple Valley Area	Amy Baldwin Renee' Kulhanek	applevalley@dcfcca.org
Eagan Area	Geri Peterson Carol Jesness	eagan@dcfcca.org
Hastings Area	Patti Kopp	hastings@dcfcca.org
Mendota Heights Area	Beth Beltz Joan Chadwick	mendotaheights@dcfcca.org
Rosemount Area	Michele Holzmer	rosemount@dcfcca.org

Committee Chairs

Conference Chair	Hannah Huberty	conference@dcfcca.org
Newsletter Chair	Pat Goor	newsletter@dcfcca.org
PACT (Providers Acknowledging Corrections Together)	Joan Finley	PACT@dcfcca.org
Sunshine Committee	Joan Chadwick	sunshine@dcfcca.org
Toy Co-op	Kris Voorhees	toycoop@dcfcca.org

The Caring Connection is published by the Dakota County Family Child Care Association (DCFCCA). To submit an article and photographs for publication, send your article and permission to publish to The Caring Connection, DCFCCA, P.O. Box 22065, Eagan, MN 55122. This newsletter is sent to all of our members so your ideas will be shared with other providers in our community.

The Caring Connection volunteers reserve the right to edit articles for publication. The articles published in The Caring Connection reflect the views and opinions of the authors, and do not reflect the views of its members or the Executive Board of DCFCCA.

If you would like to advertise in this newsletter, please contact the Newsletter Coordinator at newsletter@dcfcca.org to receive information about advertising rates and an advertising agreement. All advertisements must be submitted exactly as you would like them to be published, along with payment required for the selected size of advertising space.

Deadlines for articles and advertisements are as follows:

Publication: Sept/Oct 2020 due by August 1, 2020

Publication: Nov/Dec 2020 due by October 1, 2020



Dakota County Family Child Care Association

DCFCCA is a non-profit organization of licensed family child care providers in Dakota County. Major goals of the Association are:

1. To promote quality family child care through education and support groups for providers;
2. To promote the image of quality family child care in the community; and
3. To aid in communication between providers, Dept. of Human Services, parents and community.

All-County trainings are held twice a year. Area trainings are held in various locations around the county. New members are always welcome. Membership fees are non-refundable. Membership fees are reviewed annually and are as follows:

\$40.00 - 1 year \$75.00 - 2 years \$100.00 - 3 years Individual class fee is \$20.00

Make checks payable to DCFCCA and mail to: DCFCCA - Membership, P.O. Box 22065, Eagan, MN 55122. All returned checks are subject to a \$25.00 fee. Membership fees are non-refundable.

Name: _____

Street: _____ City: _____

Zip Code: _____ Phone: _____

Email Address: _____
(print clearly)

DCFCCA Membership: New or Renew \$40 - 1 year \$70 - 2 year \$95 - 3 year