



Dakota County Family Child Care Association

Our Future is in Our Hands



www.dcfcca.org

The Caring Connection

November/December 2020

A Note from the President

Amy Baldwin



It is hard to believe 2020 is almost coming to an end. It has been an interesting year, to say the least. DCFCCA board members have been working very hard behind the scenes to provide communication, answers and training opportunities within COVID-19 guidelines. We continue have our monthly board meetings via zoom. We had the opportunity this month to meet with Dakota County licensing staff. They are also experiencing big changes in their daily work routines due to the pandemic restrictions. They strongly encourage us to use the decision tree! Licensing staff reminded us that when making a "business decision" regarding COVID exposure, our top priority is to protect ourselves and our own family members, then the children in our care and their families, and anyone who may have underlying health conditions. They support us in making the best decisions for ourselves during this difficult time.

We continue to offer online training opportunities and registration is available on the website. Details are also listed in this newsletter. Beth, our Training Coordinator, has been working very hard to get more trainings and a variety of topics for the upcoming winter months. Unfortunately, our 2021 Spring Conference has been cancelled due to the current pandemic restrictions. Hopefully, we can plan on a wonderful 2022 Spring Conference.

If you are interested in attending our monthly board meetings, please email me at president@dcfcca.org so I can invite you to join our Zoom call.

With the holidays approaching, please take some time off, enjoy your family and stay healthy!

~ Amy Baldwin, President



Join us on
Facebook

Get the latest information regarding all things DCFCCA! Get up-to-the-minute information about training registration, cancellations and training handouts.

For access to the private DCFCCA Facebook page, please e-mail Amy at president@dcfccca.org.



**SO OUR BUSINESS
CAN STAY OPEN**

[Information for Child Care Providers
- Responding to COVID19](#)

[COVID-19 Resources for Families](#)

[Home Screening Tool for Parents](#)

[Schools and Child Care: COVID-19](#)

[Requirements about Masks in
Family Child Care](#)



Mentor Program

Starting a family child care business can be exciting but also daunting. Our Mentor Program can help you avoid making rookie mistakes, and find your own path to reach your goals as you build your child care business.

Any newly licensed provider who utilizes our FREE one-year membership will be assigned to a mentor. A mentor can help by offering advice, perhaps a different perspective, offer networking opportunities, as well as offer support and encouragement. For more information, go to our website at www.dcfcca.org/MentorProgram.html or email mentor@dcfcca.org.

Provider Directory on Website -

As a member, your business can be listed on the Provider Directory! This includes days and hours you are open, as well as a brief description of your business. Please keep your information current. Submit an update or add a new listing using this link

www.dcfcca.org/ProviderDirectory

thanksgiving
gather
thankful family
blessed grateful
together blessings
november

DCFCCA Care Line

Apple Valley

Joan Finley	952-236-8119
Jean Dommer	952-423-2192
Nicole Goebel	952-953-9313

Burnsville

Jodi Grimes	952-895-7361
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Eagan

Cindy Ciernia	651-688-7396
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Inver Grove Heights

Beth Beltz	651-450-7988
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Lakeville

Missy Torbenson	952-891-1275
Melissa Enke	952-378-1123

Mendota Heights

Hannah Huberty	612-636-3562
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Rosemount

Renee' Kulhanek	651-423-5067
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New 2020-2021 Training Registration Policies

- ♦ All virtual training registrations will be accepted on-line through our website. Providers will need to use an electronic device that includes a camera and sound to fully participate and receive credit for attendance. No exceptions.
- ♦ Registrations will be accepted until 72 hours prior to training date. We reserve the right to limit maximum number of attendees based on trainer's request. **Providers must be signed onto virtual classroom before the starting time of the training.**
- ♦ If hand-outs are provided by the trainer, it will be the provider's responsibility to print them prior to the training.
- ♦ If you need to cancel your registration, please use the **Cancel My Registration Form** on our website.
- ♦ If you do not have on-line access for registration, you may leave a message on our voicemail at **952-985-3495**. Please spell your name, classes you want to register for and leave a phone number..

Join
us!

From the comfort of your home, get your snacks and beverage, and join us online for free training included in your membership! For a Zoom tutorial, [Click HERE](#)



DCFCCA offers **free** online training for our members. Non-members may purchase individual training as needed. See registration form for payment information.

Due to schools closing and the social distancing requirements, we are not able to offer in-person training.

November Training Options

Thursday, November 12 6:30pm - 8:30pm KCF II.C	There's Always That One Kid Presented by Emma Hansen Explore behaviors that can be challenging for providers and look for solutions based upon self-reflective practices of the providers. Consider behaviors that are most difficult personally and apply techniques for a solution to those.
Monday, November 16 6:30pm - 8:30pm KCF II.B	Preschool Scientific Method Presented by Mike Huber Preschool children are naturally curious. Adults can help children act on this curiosity to develop scientific thinking. While young children do not follow the rigorous procedures of adult scientists, they experiment and try not to make sense of the results. Learn strategies to encourage this “preschool scientific method.”
Wednesday, November 18 6:30pm - 8:30pm Develop Approval Pending	Examining Privilege and Implicit Bias in Early Childhood Presented by Ellen Drolette In this introductory training, participants will explore what it means to have “white” privilege. As a group, we will explore the simple meaning of anti-bias, implicit bias and anti-racism. Participants will take a detailed look at their environment to examine it for inclusivity. What does the book area, dramatic play, wall hangings, and other areas have all year round to show diversity in race, color, gender, religion, age, disability, or national origin? Do programs use a tourist curriculum approach? Are families represented? Participants will plan an inclusive environment for young children and explore their practices as a result. Self-reflection questions are presented throughout the training. The trainer is not an expert in anti-racism and can speak on white privilege and the value of knowing our privilege and how this plays a role in either perpetuating implicit bias or digging deeper to gain understanding. The trainer will have books, props, and activity ideas to share.

December Training Options

Wednesday, December 9 6:30pm - 8:30pm KCF II.C	Why We Should Grant Children Their Emotions Presented by Jessica Rogers Learn the importance of helping children express their emotions. Explore strategies for increasing trust and consider the effects of not taking children's emotions seriously.
Monday, December 14 6:30pm - 8:30pm KCF II.C	Kinda Mean Presented by Kristen Wheeler Between ages three and five, children are experimenting with behaviors and are learning how to get along with each other. Our job is to provide an environment that fosters respect, kindness, cooperation and help them develop conflict resolution skills. Identify and explore concrete ways to prevent and respond to behaviors. Explore activities and resources to build children's skills (feelings, empathy, kindness, respect, self-control and conflict resolution). Actively supporting children in learning how to live together peacefully will set them up for positive interactions later in life and provide them with a wide range of skills that will support the prevention of future bullying. Tips, techniques, activities and resources will be shared.

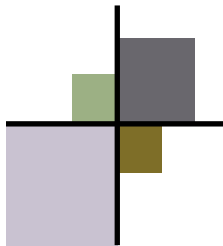
January 2021 Training Options

Month of January Self-Paced KCF VI Two Hours	Filling Your Cup - Practicing the Art of Self-Care Presented by Stacy Boysen Create a life that feels lighter and right-sized for you! Learn to recognize the signs of stress and practice simple stress management techniques. Prune your to-do list, learn when to say yes or no, and go from exhausted and overwhelmed to energized and in control! Find purpose and passion in your work and become more focused and satisfied!
Thursday, January 7 6:30pm - 8:30pm KCF VI	The Tax Consequences of COVID-19 Presented by Tom Copeland Learn how to treat unemployment benefits, the stimulus check and the SBA loans on your tax return. Learn how to calculate your Time-Space% in 2020, particularly if you were closed for part of the year. Discuss the new tax changes for 2020. Discuss whether you should withdraw money from your IRA or claim Social Security benefits early to ease your financial situation and more!

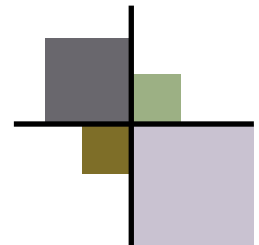
January 2021 Training continued on next page

January/February 2021 Training Option

Monday, January 25 and Monday, February 1st 6:30pm - 8:30pm KCF II.A You must attend all four hours to receive any credit.	123 Learn Curriculum Presented by Wendy Prokosch Learn what 1-2-3 Learn Curriculum has to offer as a curriculum to family childcare and center-based facilities. Understand the importance of why a curriculum is needed for early childcare by making sure all of the needed areas of learning are being met. Discover how 1-2-3 Learn Curriculum works along side MN-ECIPS and a few other Parent Aware approved Curricula. Practice using and creating lesson plans from 1-2-3 Learn Curriculum.
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Register for
TRAINING



November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3 	4	5	6	7
8	9	10	11 Virtual Board Meeting 6:30pm  Veterans Day	12 Online Training	13	14
15	16 Online Training	17	18 Online Training	19	20	21
22	23	24	25	26 	27	28
29	30					

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9 Online Training	10	11 Hannukah Begins	12
13	14 Online Training	15	16	17	18	19
20	21  Winter Begins	22	23	24	25 	26
27	28	29	30	31		

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 	2
3	4	5	6	7 Online Training	8	9
10	11	12	13 Virtual Board Meeting	14	15	16
17	18 MLK Day	19	20	21	22	23
24/31	25 Online Training Part 1	26	27	28	29	30

It's a **rare**
person
who can take
care of **hearts**
while also
taking care
of **business.**

BusyMomGetsFit.com

Santa Searchers



Christmas Craft for Kids

loveyourlittles.com

Five Little Reindeer



Five little reindeer prancing on the roof
One fell down and bumped its' hoof.
Santa called the doctor and the doctor said,
"Put that reindeer right to bed!"
Four....
Three....
Two....
One....

Time In vs. Time Out

Parent and Child stay together until child is calm and can talk about what happened.

Child is sent to sit alone on naughty chair or stand in the corner for a set number of minutes.

Why do we use Time In or Time Out?

Helping a child to calm down

Time Out

Time Out and Time In are often used with the same goals in mind:

- Stop undesired behavior.
- Help children learn better coping skills.
- Give parents and children a chance to cool off.

Time In

Stop

Signs Time Out is NOT working

Again?

You feel the need to place your child in time out daily, sometimes hourly.

You are using time out for the same issue over and over again.

Now?

When the child is in time out she repeatedly asks when she can get up

You find yourself reminding your child they are still in time-out

UGH!!

You get angrier and angrier as you struggle to get your child to quiet down so you can start the timer.

Your child is running away at the mention or threat of time out.

New Idea!

Why Try Time In?

Parents can connect with child before offering a correction.

Everyone's needs and feelings can be considered.

Less power struggles and children don't feel afraid or threatened.

A chance for children to learn in a positive way.

Time In is not an excuse to let your child continue with a behavior that is inappropriate. Connect, listen and then be sure to kindly but firmly address whatever change needs to be made.

Find More Positive Parenting Tools at the

Positive Parenting Connection

<http://positiveparentingconnection.net>



/positiveparentingconnection



positive_pare

Piktochart



Dakota County Family Child Care Association is registered as a nonprofit with AmazonSmile. Every time you or your friends order from Amazon in our name, DCFCCA is given 0.5% of the purchase price!

Go to www.smile.amazon.com. Sign in using your Amazon ID and password, choose Dakota County Family Child Care Association as your organization (do not use DCFCCA) and start shopping! Amazon takes care of the rest. The next time you log into Amazon, it will automatically ask you if you want to go to AmazonSmile, and we hope you do!

Invite your clients, your neighbors, family and friends to support us too! Any funds received helps us keep our membership fees affordable.



Do you know a fellow provider or group that needs a pat on the back, a thank you, cheering up, words of encouragement or just a note? Celebrations, congratulations, weddings, births, adoptions, retirement, birthday, graduation, hospitalization, a job loss, a serious illness or a death — we'd like to know. Complete the on-line form at www.dcfcca.org.



2020—2021 Board and Leadership Directory

Board Members

President	Amy Baldwin	651-398-1949	president@dcfcca.org
Secretary	Renee' Kulhanek	651-423-5067	secretary@dcfcca.org
Treasurer	Jean Mathison	651-994-7854	treasurer@dcfcca.org
Area Coordinator Facilitator	Heather LeBlanc	612-229-6085	areacoordinator@dcfcca.org
Training Coordinator	Beth Beltz	612-859-3326	training@dcfcca.org
Membership Coordinator	Cindy Bills	651-423-4497	membership@dcfcca.org
Fundraiser Coordinator	Kat Doring	651-442-2426	fundraising@dcfcca.org
Mentor Facilitator	Geri Peterson	651-347-0856	mentor@dcfcca.org
Website Coordinator	Hannah Huberty	612-636-3562	website@dcfcca.org
Newsletter Coordinator	Pat Goor	651-246-8387	newsletter@dcfcca.org

Area Coordinators

Apple Valley Area	Amy Baldwin Renee' Kulhanek	applevalley@dcfcca.org
Eagan Area	Geri Peterson Carol Jesness	eagan@dcfcca.org
Hastings Area	Patti Kopp	hastings@dcfcca.org
Mendota Heights Area	Beth Beltz Joan Chadwick	mendotaheights@dcfcca.org
Rosemount Area		rosemount@dcfcca.org

Committee Chairs

Conference Chair	Hannah Huberty	conference@dcfcca.org
Newsletter Chair	Pat Goor	newsletter@dcfcca.org
PACT (Providers Acknowledging Corrections Together)	Joan Finley	PACT@dcfcca.org
Sunshine Committee	Joan Chadwick	sunshine@dcfcca.org
Toy Co-op	Kris Voorhees	toycoop@dcfcca.org

The Caring Connection is published by the Dakota County Family Child Care Association (DCFCCA). To submit an article and photographs for publication, send your article and permission to publish to The Caring Connection, DCFCCA, P.O. Box 22065, Eagan, MN 55122. This newsletter is sent to all of our members so your ideas will be shared with other providers in our community.

The Caring Connection volunteers reserve the right to edit articles for publication. The articles published in The Caring Connection reflect the views and opinions of the authors, and do not reflect the views of its members or the Executive Board of DCFCCA.

If you would like to advertise in this newsletter, please contact the Newsletter Coordinator at newsletter@dcfcca.org to receive information about advertising rates and an advertising agreement. All advertisements must be submitted exactly as you would like them to be published, along with payment required for the selected size of advertising space.

Deadlines for articles and advertisements are as follows:

Publication: Jan/Feb 2021 due by December 1, 2020

Publication: March/April 2021 due by February 1, 2021



Dakota County Family Child Care Association

DCFCCA is a non-profit organization of licensed family child care providers in Dakota County. Major goals of the Association are:

1. To promote quality family child care through education and support groups for providers;
2. To promote the image of quality family child care in the community; and
3. To aid in communication between providers, Dept. of Human Services, parents and community.

All-County trainings are held twice a year. Area trainings are held in various locations around the county. New members are always welcome. Membership fees are non-refundable. Membership fees are reviewed annually and are as follows:

\$40.00 - 1 year \$75.00 - 2 years \$100.00 - 3 years Individual class fee is \$20.00

Make checks payable to DCFCCA and mail to: DCFCCA - Membership, P.O. Box 22065, Eagan, MN 55122. All returned checks are subject to a \$25.00 fee. Membership fees are non-refundable.

Name: _____

Street: _____ City: _____

Zip Code: _____ Phone: _____

Email Address: _____
(print clearly)

DCFCCA Membership: New or Renew \$40 - 1 year \$70 - 2 year \$95 - 3 year